

Angela Middleton

Nurse Practitioner

Family Medicine, Ozark Family Centered Medical Home



Medical School:

University of Missouri, Columbia, Missouri.

Specialties:

Angela has practiced in Family Practice, Emergency Medicine, Women’s Health, high-risk obstetrics and gynecology, Neonatal Intensive Care Units, and Intensive Care Units.

Office Location:

Ozark Family-Centered Medical Home, Saint Robert, Missouri.

Reasons to see Angela Middleton:

- Mrs Middleton has experience in Family Medicine from birth to geriatrics.
- Mrs Middleton is a military spouse who understands the needs of military families.
- This is home for Mrs Middleton and her family. They have chosen to retire here. This is her husband’s last duty station.



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Why did you become a Nurse Practitioner?

Mrs Middleton: “My quadruplets were in a Neonatal Intensive Care Unit sixteen years ago and after I saw everything that the nurses did, I knew that was what I wanted to do. When my children were three years old, I finished Nursing School while my husband was deployed.”

Where did you grow up?

Mrs Middleton: “Dixon, Missouri.”

What is your favorite thing to do when you’re not working?

Mrs Middleton: “Spend time with my family. My children like to zip line and we go four-wheeling and all of that because they say that, if they break something, I can fix them. I tell them that I would rather not go to the ER on a day off that I’m spending with them.”

What do you find interesting about your job?

Mrs Middleton: “I am a military spouse and I love working with military families. I love everything about what I do—and I’m treated here—this is where I come for my health care. I also like mystery diagnoses. I like to research and figure out things that nobody else can figure out. There’s a part of me who should have been a detective.”

Where has your family been stationed?

Mrs Middleton: “My husband was in Korea and then we met in Kansas. From there, Fort Bragg, Fort Leonard Wood, Fort Monroe, Fort Eustis, and now Fort Leonard Wood again. We’re retiring here. This is home. My patients aren’t going to come in one day and find out that Angela is going to leave because her husband just got orders. You’re stuck with me!”

