

# Capt. (Dr.) Norman J. Arbelo-Cruz, MD

## Diagnostic Radiology Department

General Leonard Wood Army Community Hospital

Accepting  
New  
Referrals

### Medical School:

University of Puerto Rico, Medical Sciences Campus, San Juan, Puerto Rico

### Internship:

Brooke Army Medical Center, Fort Sam Houston, Texas

### Residency:

Brooke Army Medical Center, Fort Sam Houston, Texas

### Office Location:

General Leonard Wood Army Community Hospital

### Reasons to see Dr. Arbelo-Cruz:

- Nine years of medical training and recently graduated from the only DoD Level 1 trauma center
- Special interest in Musculoskeletal Radiology and women's imaging
- Fully bilingual in Spanish
- Understands unique needs of military members and families

### What do you like most about your job?

Dr. Arbelo-Cruz: "Serving Soldiers and their families is inherently rewarding—having the ability to help heal those who fight to keep us safe. The interaction I have with all other medical specialties in continuing patient medical care is very wide and quite interesting to me. Radiologists are practically involved on all levels of patient care from prevention such as breast imaging, diagnosis as in evaluating fractures in the Emergency Room, therapeutic procedures such as steroid injections, and oncologic evaluation. As we see patients from most every area of medicine, opportunities for acquiring more and more knowledge about the human body are endless. If you enjoy soaking up information like a sponge, you may have a future in Radiology!"

### Where did you grow up?

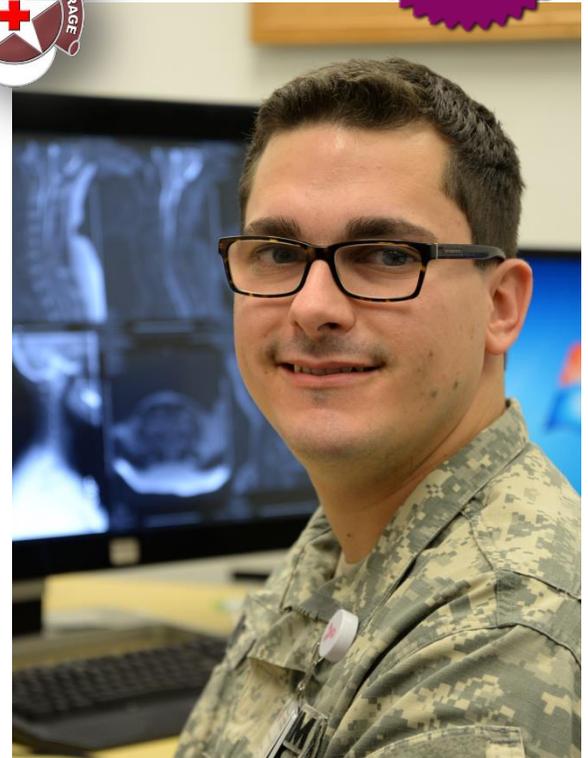
Dr. Arbelo-Cruz: "I grew up in Quebradillas, Puerto Rico, located on the northwest side of the island. Puerto Rico is a beautiful, magical place. The weather is almost perfect year round. If it weren't for those pesky hurricanes, Puerto Rico would truly be paradise on earth. And the food... Puerto Rican food is absolutely amazing!"

### Why did you choose to come to Fort Leonard Wood?

Dr. Arbelo-Cruz: "This unique hospital offers a complex and wide array of radiological services ranging from Nuclear Medicine, fluoroscopy, ultrasound, to computed tomography and magnetic resonance imaging which places it in a competitive and advantageous position to neighboring hospitals—and unique to Army Medicine. We recently received one of most advanced CT scanners in the state of Missouri—and the most advanced machine of its kind in the world. Exciting news for all of us in the radiology department—and a technology which will allow us to better diagnose and provide treatment for our patients."

### How do you spend your time when you're not working?

Dr. Arbelo-Cruz: "I spend most of my free time with my family exploring the local areas around Fort Leonard Wood. The vistas and hardwood forests of Missouri provide endless opportunity for adventuring and photography. At home I keep myself busy working in the garden and listening to music on a new sound system that I just built. Technology is so amazing these days and with the Internet it is relatively easy to take up new and interesting hobbies like this. Music is a passion of mine and today's technology allows for perfect, flawless sound."



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