

Maj. (Dr.) Kathleen C. Ryan, Family Medicine Physician

Family Medicine, Leonard Wood Medical Home

General Leonard Wood Army Community Hospital

Accepting
New
Patients



Medical School:

Uniformed Services University of the Health Sciences, Bethesda, Maryland

Internship:

Martin Army Community Hospital, Fort Benning, Georgia

Residency:

Martin Army Community Hospital, Fort Benning, Georgia

Office Location:

General Leonard Wood Army Community Hospital, Leonard Wood Medical Home Primary Care Clinics

Reasons to see Dr. Ryan:

- Skilled in full spectrum of primary care—adult medicine, pediatrics and everything in between
- Excellent procedural skills in vasectomy, biopsy, women's health, and currently serving as the GLWACH Primary Care Pain Specialist
- Served nine years active duty regular Army as a Brigade Surgeon, Warrior Transition Unit Surgeon, and in several clinical leadership roles
- Understands unique needs of military members and families



Maj. (Dr.) Kathleen C. Ryan

Family Medicine, LWMH

General Leonard Wood Army Community Hospital

What do you like most about your job?

Dr. Ryan: "I love to educate my patients so that they know as much as I know. Knowledge is power and I love to give my patients control over their own health and wellbeing. I love that my job is a challenge. And what greater investment is there than human wellbeing? Each of us has the potential to make this world a better place but it becomes very difficult to do so when one is chronically sick or in pain. Believe it or not, I did not choose pain management, but rather it chose me. I first encountered it as a college student working a summer job in an addiction treatment hospital where I faced many people who had addiction as a consequence of chronic pain issues. Decades later, I was assigned as a Warrior Transition Battalion Surgeon, where I had the opportunity to work with Soldiers on their various pain issues, combat-related and otherwise. And now I can say that it has been a privilege to take this position as the GLWACH Primary Care Pain Provider. I am honored to meet and care for my patients, many of whom struggle intensely, and my heart goes out to each and every one of them."



Where did you grow up?

Dr. Ryan: "Murrysville, Pennsylvania, just outside of Pittsburgh—and I am a Penn State grad. Haven't lived there in decades. I have lived in Washington D.C., Fort Benning Georgia, Fort Riley Kansas, and pre-Army, in Ireland and Spain."

Why did you choose to come to Fort Leonard Wood?

Dr. Ryan: "I have a family, and I am surrounded by rough and tumble boys who love the outdoors, including the dog, the cat, and the horses. And I love the seasons. Even winter. It's a reminder that there is always change."