



**NUTRITION CARE DIVISION
DINING FACILITY
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL**



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	16-Apr-2017	17-Apr-2017	18-Apr-2017	19-Apr-2017	20-Apr-2017	21-Apr-2017	22-Apr-2017
BREAKFAST	Eggs/Omelets to Order	Biscuit Rolls	Breakfast Burrito	Breakfast Sandwich	Breakfast Burrito	Breakfast Sandwich	Eggs/Omelets to Order
	Bacon/Sausage	Scrambled & Cheesy Eggs	Scrambled & Cheesy Eggs	Scrambled & Cheesy Eggs	Scrambled & Cheesy Eggs	Scrambled & Cheesy Eggs	Bacon/Sausage
FEATURING: OMELETS MADE TO ORDER DAILY	Sausage Gravy/Biscuits	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Bacon/Sausage	Sausage Gravy/Biscuits
	French Toast	Turkey Links	Grilled Pork Chop	Corned Beef Hash	Turkey Links	Chicken Fried Steak	French Toast
	Hash Brown Patties	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Hashbrown Patties
	Oatmeal/Grits	Pancakes & French Toast	Waffles	French Toast	Pancakes	Waffles	Oatmeal/Grits
	Fresh fruit/Continental items	O'Brien Potatoes	Hash Brown Patties	O'Brien Potatoes	Hash Brown Casserole	O'Brien Potatoes	Fresh fruit/Continental items
		Oatmeal/Grits	Oatmeal/Grits	Oatmeal/Grits	Oatmeal/Grits	Oatmeal/Grits	
	Fitness/Yogurt Bar	Fitness/Yogurt Bar	Fitness/Yogurt Bar	Fitness/Yogurt Bar	Fitness/Yogurt Bar	Fitness/Yogurt Bar	

LUNCH	Pot Roast	Chicken Alfredo	Chicken/Beef Fajitas	WING WEDNESDAY	Parmesan Crusted Tilapia	Home Cooked Chicken Quarters	Baked Ziti
	Mashed Potatoes w/ Gravy	Baked Ziti	Black Bean & Cheese Enchilada	2 types of chicken wings	General Tso's Chicken	Baked/Fried Catfish	Lyonnais Potatoes
FEATURING: Sandwich Bar Daily (except on Taco and Bulgogi Bar days)	Macaroni and Cheese	Oven Fried Chicken	Lemon Garlic Tilapia	Smothered Pork Chops	Mongolian Beef	BBQ Ribs	Country Style Vegetables
	Country Style Vegetables	Fried Zucchini	Zucchini w/ Stewed Tomatoes	Shrimp and Grits	Japanese Vegetables	Collard Greens w/ Ham	Garlic Toast
	Home Style Dinner Roll	Silician Vegetables	Mixed Vegetables	Green Peas & Carrots	Asian Fried Cabbage	Glazed Carrots	Soup of the Day
	Soup of the Day	Glazed Carrots	Mexican Rice	Simmered Yellow Squash	Jasmine Rice	Macaroni and Cheese	Dessert of the Day
	Dessert of the Day	Garlic Bread	Refried Beans	Mashed Potatoes	Fried Rice	Red Beans and Rice	
			Chicken Taquito	Fried Okra	Vegetable Egg Rolls	Corn Muffins/Biscuits	
Sandwich of the Day			Home Style Dinner Roll			New Orleans Style Po Boy	
Soup of the Day		Chicken Noodle Soup	Tortilla Soup	Sausage & Kale Soup	Chicken Noodle Soup	Chicken Gumbo Soup	
Specialty Bars		Baked Potato Bar	Taco Bowl Bar	Baked Potato Bar	Bulgogi Bar		
Dessert		Strawberry Cream Pie/Parfait	Coconut Cream Pie/Parfait	Oreo Pie/Parfait	Carrot Cake/Parfait	Pie and Cobbler Bar	

DINNER	Entrée of the Day	Baked Spaghetti	Baked Fish	Grilled Pork Chop	Honey Glazed Chicken	Shepard's Pie	Entrée of the Day
	Vegetable of the Day	Seasoned Lima Beans	Broccoli Spears	Capri Vegetables	Japanese Vegetable	Glazed Carrots	Vegetable of the Day
NOTE: Subject to change based on availability and Blue Plate Specials	Starch of the Day	Antigua Vegetables	Zucchini w/ Stewed Tomatoes	Green Beans	Corn	Simmered Cauliflower	Starch of the Day
	Soup of the Day	O'Brien Potatoes	Fiesta Rice	Mashed Potatoes	Green Peas	Fire Roasted Sweet Potatoes	Soup of the Day
	Dessert of the Day	Garlic Bread	Wheat Dinner Roll	Homestyle Dinner Roll	Wheat Dinner Roll	Corn Bread	Dessert of the Day
		Soup/Chili	Soup/Chili	Soup/Chili	Soup/Chili	Soup/Chili	
		Strawberry Cream Pie	Coconut Cream Pie	Coconut Cream Pie	Oreo Pie	Carrot Cake	Apple Pie

HOURS OF OPERATION	MONDAY-FRIDAY	WEEKENDS/HOLIDAYS
BREAKFAST	0600-0900	0700-1000
LUNCH	1100-1400	1000-1400
DINNER	1600-1800	1530-1730

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY

Let us know how we're doing! Put in an ICE comment below
https://ice.disa.mil/index.cfm?fa=card&sp=134470&s=447&dep=*DoD&sc=16

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