



**NUTRITION CARE DIVISION
DINING FACILITY
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL**



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2-Apr-2017	3-Apr-2017	4-Apr-2017	5-Apr-2017	6-Apr-2017	7-Apr-2017	8-Apr-2017
BREAKFAST	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Biscuit Rolls Scrambled & Cheesy Eggs Bacon/Sausage Turkey Links Sausage Gravy/Biscuits Pancakes & French Toast O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Burrito Scrambled & Cheesy Eggs Bacon/Sausage Grilled Pork Chop Sausage Gravy/Biscuits Waffles Hash Brown Patties Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Sandwich Scrambled & Cheesy Eggs Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits French Toast O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Burrito Scrambled & Cheesy Eggs Bacon/Sausage Turkey Links Sausage Gravy/Biscuits Pancakes Hash Brown Casserole Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Sandwich Scrambled & Cheesy Eggs Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits Waffles O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits French Toast Hashbrown Patties Oatmeal/Grits Fresh fruit/Continental items
FEATURING: OMELETS MADE TO ORDER DAILY							

LUNCH	Baked Ham Grilled Zucchini Scalloped Potatoes Home Style Dinner Roll Soup of the Day Dessert of the Day	Meat Lasagna Vegetable Lasagna Tuscan Herb Fish Veal Parmesan Grilled Brussel Sprouts Normandy Vegetables Breaded Mushrooms Garlic Bread Philly Steak and Cheese Broccoli and Cheese Soup Baked Potato Bar Strawberry Cream Pie/Parfait	Beef/Chicken/Fish Tacos Pollo con Cilantro Santa Fe Chicken Sonoma Vegetables Mexican Corn Mexican Rice Taquitos Tortilla Soup Taco Bowl Bar German Chocolate Cake/Parfait	WING WEDNESDAY 2 types of chicken wings Pepper Steak Lemon Pepper Catfish Grilled Zucchini Garlic Green Beans Mashed Potatoes Wild Rice Home Style Dinner Roll Hot Pastrami French Onion Soup Carrot Cake/Parfait	Cashew Chicken Pork Tenderloin Chicken Lo Mein Vegetable Lo Mein Key Biscayne Vegetables Asian Fried Cabbage Fried Rice Jasmine Rice Vegetable Egg Rolls Egg Drop Soup Apple Pie/Parfait	Meatloaf Fried/Baked Catfish Smoked BBQ Beef Brisket Winter Blend Vegetables Okra w/ Stewed Tomatoes Mashed Potatoes Steamed Rice Home Style Dinner Roll Home Style Dinner Roll New Orleans Catfish Po Boy Tomato Basil Soup Ice Cream Bar	Blackened Tilapia Chicken Fried Chicken Mixed Vegetables Mashed Potatoes Home Style Dinner Roll Soup of the Day Dessert of the Day
FEATURING: Sandwich Bar Daily (except on Taco and Bulgogi Bar days)							
Sandwich of the Day Soup of the Day Specialty Bars Dessert							

DINNER	Entrée of the Day Vegetable of the Day Starch of the Day Soup of the Day Dessert of the Day	Grilled Sausage and Peppers Stewed Tomatoes/Okra Normandy Vegetables Steamed Rice Dinner Roll Soup/Chili French Silk Pie	Swiss Steak w/ Onions Sonoma Vegetables Broccoli Spears Mashed Potatoes Wheat Dinner Roll Soup/Chili German Chocolate Cake	Savory Baked Chicken Garlic Green Beans Bermuda Vegetables Au Gratin Potatoes Home Style Dinner Roll Soup/Chili Carrot Cake	Potato Crusted Tilapia Normandy Vegetables Glazed Carrots Couscous Wheat Dinner Roll Soup/Chili Apple Pie	Oven Baked Pork Chops Grilled Brussel Sprouts Garden Rice Fire Roasted Apples Soup/Chili	Entrée of the Day Vegetable of the Day Starch of the Day Soup of the Day Dessert of the Day
NOTE: Subject to change based on availability and Blue Plate Specials							

HOURS OF OPERATION	MONDAY-FRIDAY	WEEKENDS/HOLIDAYS
BREAKFAST	0600-0900	0700-1000
LUNCH	1100-1400	1000-1400
DINNER	1600-1800	1530-1730

MENU SUBJECT TO CHANGE BASED ON AVAILABILITY

Let us know how we're doing! Put in an ICE comment below
https://ice.disa.mil/index.cfm?fa=card&sp=134470&s=447&dep=*DoD&sc=16

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