

VISIT OUR 1st FLOOR
KIOSK FOR
GRAB-N-GO ITEMS!



NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES



Menu subject to change based upon availability

WEEK 3

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GREAT BEGINNINGS BREAKFAST MENU	21-Aug-2016	22-Aug-2016	23-Aug-2016	24-Aug-2016	25-Aug-2016	26-Aug-2016
MON - FRI 0600-0900	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)
WKND & HOLIDAYS 0700-1000	French Toast (V) Hash Brown Patties	Pancakes & French Toast (V) O'Brien Potatoes	Waffles (V) Hash Brown Patties	French Toast (V) O'Brien Potatoes	Pancakes (V) Hash Brown Casserole	Waffles (V) Shredded Hash Browns
FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Grilled Pork chop Sausage Gravy/Biscuits	Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits
PANINI OF THE DAY	Soup of the Day	Philly Cheesesteak	Chili	Buffalo Chicken Wrap	Chili	New Orleans Style Po Boy
SOUPS	Roast Turkey	Chili	Pork Posole Soup	Chili	Egg Drop Soup	Chili
MID-DAY FARE LUNCH MENU	Mashed Potatoes w/ Gravy	Mediterranean Veg Soup	Chicken Enchilada Casserole	Chicken and Dumpling Soup	Chicken Curry	Chicken Noodle Soup
MON - FRI 1100-1400	Cornbread Dressing	Spaghetti w/ Meat Sauce	Flank Steak w/ Chimichurri Sauce	WING WEDNESDAY	Beef with Broccoli	Fried/Baked Catfish
WKND & HOLIDAYS 1000-1400	Green Beans (V)	Spaghetti w/Marinara Sauce	Pork with Guajillo Sauce	Blackened Tilapia	Vegetable Lo Mein	BBQ Pulled Pork
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES	Home-style Dinner Rolls	Chicken Marsala	Roasted Root Vegetables	Salisbury Steak	Jasmine Rice (V)	Bourbon Chicken
Try our Vegetarian (V) Options!	Dessert of the Day	Beef Stroganoff	Antigua Vegetables (V)	Couscous(V)	Brown Rice (V)	Dirty Rice
		Breaded Mushrooms (V)	Grilled Mixed Zucchini (V)	Winter Blend Vegetables (V)	Sonoma Style Vegetables (V)	Baked Beans
		Antigua Vegetables (V)	Mexican Rice (V)	Fire Roasted Apples (V)	Garlic Fried Green Beans (V)	Collard Greens
		Broccoli Spears w/ Cheese Sauce	Lemon Meringue Pie/Parfait	Wheat Dinner Roll	Vegetable Egg Rolls (V)	Grilled Yellow Squash
		Garlic Bread	TACO BOWL BAR	Pecan Pie/Parfait	Lemon Cream Cake/Parfait	Honey Corn Muffins
		Strawberry Cream Pie/Parfait		BAKED POT/SWT POT BAR		DEATH BY CHOCOLATE
		Baked POT/SWT POT BAR				
DINNER DISHES EVENING MENU	WEEKEND MENU	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili	Hot Specialty Soup & Chili
MON - FRI 1600-1800		Chicken Parmesan	Baja Fish Tacos	Open Faced Turkey	Smothered Pork Chop	Fish and Chips
WKND & HOLIDAYS 1530-1730		Fire Roasted Potatoes	Grilled Potatoes and Onions	Mashed Potatoes (V)	Macaroni and Cheese (V)	Parmesan Potato Wedges (V)
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES		Sicilian Vegetables (V)	Grilled Mixed Zucchini (V)	Green Beans (V)	Japanese Stir Fried Veg (V)	Garden Vegetables (V)
		Wax Beans (V)	Midori Vegetables (V)	Glazed Baby Carrots (V)	Fire Roasted Apples (V)	Grilled Yellow Squash
		Garlic Breadsticks	Wheat Dinner Roll	Wheat Dinner Roll	Home-style Dinner Roll	Dinner Roll
		Chocolate Mint Pie	Lemon Meringue Pie	Pecan Pie	Lemon Cream Cake	
		Mixed Vegetables				
		Dessert of the Day				

8/9/2016 0:00

CHERYL D. CLARKE
SFC, USA
NCOIC, Nutrition Care Division

SATURDAY

27-Aug-2016

Fresh Fruit, Fruit Juices (V)
Oatmeal/Grits (V)
French Toast (V)
Hash Brown Patties
Eggs/Omelets to Order
Bacon/Sausage
Sausage Gravy/Biscuits

Soup of the Day
Beef Stroganoff
Smothered Chicken
Garlic Toast
Steamed Broccoli
Steamed Rice
Dessert of the Day

**WEEKEND
MENU**

Steamed Broccoli
Dessert of the Day