



**NUTRITION CARE DIVISION  
DINING FACILITY  
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL**



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	9-Apr-2017	10-Apr-2017	11-Apr-2017	12-Apr-2017	13-Apr-2017	14-Apr-2017	15-Apr-2017
<b>BREAKFAST</b>	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Biscuit Rolls Scrambled & Cheesy Eggs Bacon/Sausage Turkey Links Sausage Gravy/Biscuits Pancakes & French Toast O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Burrito Scrambled & Cheesy Eggs Bacon/Sausage Grilled Pork Chop Sausage Gravy/Biscuits Waffles Hash Brown Patties Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Sandwich Scrambled & Cheesy Eggs Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits French Toast O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Burrito Scrambled & Cheesy Eggs Bacon/Sausage Turkey Links Sausage Gravy/Biscuits Pancakes Hash Brown Casserole Oatmeal/Grits Fitness/Yogurt Bar	Breakfast Sandwich Scrambled & Cheesy Eggs Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits Waffles O'Brien Potatoes Oatmeal/Grits Fitness/Yogurt Bar	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits French Toast Hashbrown Patties Oatmeal/Grits Fresh fruit/Continental items
<b>FEATURING: OMELETS MADE TO ORDER DAILY</b>							

<b>LUNCH</b>	Roast Turkey Mashed Potatoes w/ Gravy Cornbread Dressing Home-style Dinner Rolls Vegetable of the Day Soup of the Day Dessert of the Day	Spaghetti w/ Meat Sauce Chicken Marsala Beef Stroganoff Antigua Vegetables Broccoli Spears w/ Cheese Sauce Breaded Mushrooms Garlic Bread Antigua Vegetables  Philly Cheesesteak  <b>Baked Potato Bar</b> Strawberry Cream Pie/Parfait	Chicken Enchilada Casserole Flank Steak w/ Chimichurri Sauce Roasted Root Vegetables Antigua Vegetables Grilled Mixed Zucchini Mexican Rice  Pork Posole Soup <b>Taco Bowl Bar</b> Lemon Meringue Pie/Parfait	<b>WING WEDNESDAY</b> 2 types of chicken wings Salisbury Steak Winter Blend Vegetables Fire Roasted Apples Couscous Wheat Dinner Roll Fire Roasted Apples  Buffalo Chicken Wrap Chicken Pot Pie Soup <b>Baked Potato Bar</b> Pecan Pie/Parfait	Cashew Chicken Beef with Broccoli Garlic Fried Green Beans Sonoma Style Vegetables Jasmine Rice Brown Rice Vegetable Egg Rolls  Vegetable Barley Soup  Lemon Cream Cake/Parfait	BBQ Pulled Pork Fried/Baked Catfish Bourbon Chicken Collard Greens/w ham Grilled Yellow Squash Dirty Rice Baked Beans Honey Corn Muffins  New Orleans Style Po Boy Clam Chowder  Death by Chocolate Bar	Beef Stroganoff Smothered Chicken Vegetable of the Day Garlic Toast Steamed Rice Dessert of the Day Soup of the Day
<b>FEATURING: Sandwich Bar Daily (except on Taco and Bulgogi Bar days)</b>							
<b>Sandwich of the Day Soup of the Day Specialty Bars Dessert</b>							

<b>DINNER</b>	Entrée of the Day Vegetable of the Day Starch of the Day Soup of the Day Dessert of the Day	Chicken Parmesan Fire Roasted Potatoes Sicilian Vegetables (V) Wax Beans (V) Garlic Breadsticks Soup/Chili Chocolate Mint Pie	Baja Fish Tacos Grilled Potatoes and Onions Grilled Mixed Zucchini (V) Midori Vegetables (V) Wheat Dinner Roll Soup/Chili Lemon Meringue Pie	Chicken Fried Chicken Mashed Potatoes (V) Green Beans (V) Glazed Baby Carrots (V) Wheat Dinner Roll Soup/Chili Pecan Pie	Smothered Pork Chop Macaroni and Cheese (V) Japanese Stir Fried Veg (V) Fire Roasted Apples (V) Home-style Dinner Roll Soup/Chili Lemon Cream Cake	Fish and Chips Parmesan Potato Wedges (V) Garden Vegetables (V) Grilled Yellow Squash Dinner Roll Soup/Chili	Entrée of the Day Vegetable of the Day Starch of the Day Soup of the Day Dessert of the Day
<b>NOTE: Subject to change based on availability and Blue Plate Specials</b>							

HOURS OF OPERATION	MONDAY-FRIDAY	WEEKENDS/HOLIDAYS
<b>BREAKFAST</b>	0600-0900	0700-1000
<b>LUNCH</b>	1100-1400	1000-1400
<b>DINNER</b>	1600-1800	1530-1730

*MENU SUBJECT TO CHANGE BASED ON AVAILABILITY*

Let us know how we're doing! Put in an ICE comment below  
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**Sheryl R. Bolido**  
**MAJ, SP**  
**OMIC, Nutrition Care Division**