

**GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
HEALTH PROMOTION SELF CARE & MEDICATION RECONCILIATION**

2. Please circle symptoms/condition and treatment option. * 5 items per patient per week

	Symptom/Condition	Medication Option	
HP01	Acne	Benzoyl Peroxide 5% gel	
HP02	Allergies/Running Nose/Sneezing	Benadryl eq 25mg Capsules Claritin 10mg.	
HP03	Athletes Foot/Ringworm/Jock itch	Clotrimazole 1% Cream Miconazole 2% Cream	
HP04	Birth Control	Condoms	
HP05	Cough (productive)	Robitussin eq Syrup	
HP06	Cough (sore throat)	Cough drops	
HP07	Congestion/ Post-nasal drip	Phenylephrine (Sudafed PE eq) Afrin Nasal Spray eq	
HP08	Dry Eyes/irritation/redness/allergy	Artificial Tears Visine Eye Drops	
HP09	Dry nose	Normal Saline Nose Drops	
HP10	Dry Skin/Dry Lips	Keri Lotion Chapstick	
HP11	Earache/ Headache/ Menstrual Cramp Mild muscle Pain/Inflammation/Fever	Ibuprofen 200MG Tab (Motrin eq) Tylenol 325MG Tablet eq Aspirin 325MG Enteric Coated Pain Relieving Rub	
HP12	Heart burn/gas/stomach pain/nausea Diarrhea/constipation/rectal irritation	Mylanta II Suspension Milk of Magnesia Pepto Bismol Liquid eq Gaviscon tablets Simethicone tablets Tums 500mg. Emetrol Liquid Loperamide 2mg Docusate 100mg capsules Glycerin Suppositories Magnesium Citrate Anusol Suppositories/Tucks Pads	
HP13	Heart protection	Aspirin 81mg Enteric Coated	
HP14	Lice treatment	Pyrethrins/Piperonyl (Rid eq)	
HP15	Poison Ivy/ Oak/Sumac	Hydrocortisone Cream 1% Benadryl Cream eq Calamine Lotion	
HP16	Scrapes/Abrasion/Irritation/Sunburn	Bacitracin Topical Ointment A & D Ointment Zinc Oxide Ointment Solarcaine with Aloe	
HP17	Vaginal yeast infection	Monistat One	
HP18	Vitamins	Daily Multiple Vitamin	
	Children/Infant Needs		
HP19	Allergies/Running Nose/Sneezing	Benadryl 12.5 MG/5ML Elixir eq	
HP20	Colic	Mylicon Drops 40MG/0.6ML eq	
HP21	Pain/Fever	Tylenol 80MG Chewable eq Tylenol 160MG/5ML Elixir eq Tylenol 80MG/0.8ML Infant Drops Motrin 100MG/5MLSuspension Motrin 100mg. Chew tabs	